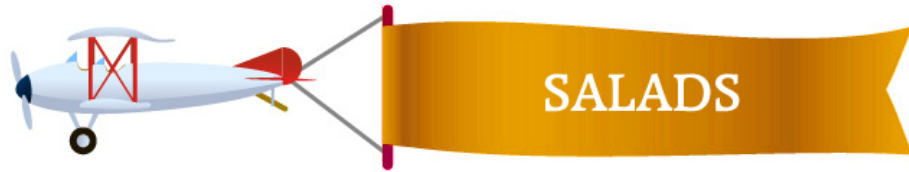




# Sharon's Gourmet to Go In-Flight Catering



## Lunch & Dinner Salads

*All Salads are served with baguette and fresh baked brownie*

*Dressing choices include: Ranch, Bleu Cheese, Balsamic, Raspberry Vinaigrette, Thousand Island*

**Greek Chicken:** Kalamata olives, feta cheese, red peppers, red onions, tomatoes, cucumbers, mixed baby greens and romaine. Greek dressing.

**Vegetarian Greek:** Kalamata olives, feta cheese, artichoke hearts, garbanzo beans, red peppers, red onions, tomatoes and cucumbers, mixed baby greens and romaine. Greek dressing.

**Asian Chicken or Tofu:** Mandarin oranges, slivered almonds, crunchy noodles, red peppers, red onions, mixed baby greens, grated carrots, Napa cabbage, bok choy. Asian sesame ginger dressing.

**Chef Salad:** Your choice of turkey or ham, cheddar cheese, hard boiled eggs, red peppers, red onions, tomatoes, cucumbers, mixed baby greens and romaine. Your choice of dressing.

**Caesar Salad:** Parmesan, homemade croutons, chicken and tomatoes on fresh romaine with a creamy Caesar dressing.

**Mexican Chicken Salad:** Zesty grilled chicken over mixed greens with roasted corn and jalapeño relish, cheese and salsa.

**Strawberry Bleu Cheese:** Strawberries and bleu cheese over spinach. Strawberry vinaigrette

**Caprese:** Marinated mini mozzarella balls and tomatoes over spinach. Balsamic vinaigrette.

**Antipasto:** Marinated artichokes, roasted red peppers, olives, roasted garlic, provolone and assorted Italian meats and romaine. Italian dressing.

**Grilled Chicken Salad:** Salad mix, field greens, tomatoes, cucumbers, grilled chicken strips with citrus vinaigrette.

**Grilled Salmon Salad:** Grilled seasoned salmon, mixed field greens, red peppers, cucumbers, sugar snap peas, tomatoes and red onions. Citrus dressing.

**Cobb Salad:** Romaine lettuce, hard-boiled egg slices, bacon, Black Forest ham, oven roasted turkey and bleu cheese. Bleu cheese dressing.

**Mediterranean Salad:** Romaine, diced tomatoes, artichoke hearts, cucumbers, parsley, herbed feta cheese, garbanzo beans and red onions. Vinaigrette dressing (Can add grilled chicken or grilled jumbo shrimp)

**New Mexico Salad:** Baby greens, jicama, tomatoes, red pepper, black beans, roasted corn and cilantro lime vinaigrette. (Can add grilled chicken)

**Spinach Salad:** Fresh baby spinach, mushrooms, red onion, mandarin oranges and toasted pecans. Poppy seed dressing.

**New Mexico Salad:** Baby greens, jicama, tomatoes, red pepper, black beans and roasted corn with cilantro lime vinaigrette. (Can add grilled chicken)