



Sharon's Gourmet to Go

In-Flight Catering Menu

Salads

All Salads are served with baguette and fresh baked brownie

Dressing choices include: Ranch, Bleu Cheese, Balsamic, Raspberry Vinaigrette, Thousand Island

Greek Chicken: Kalamata olives, feta cheese, red peppers, red onions, tomatoes, cucumbers, mixed baby greens and romaine. Greek dressing.

Vegetarian Greek: Kalamata olives, feta cheese, artichoke hearts, garbanzo beans, red peppers, red onions, tomatoes and cucumbers, mixed baby greens and romaine. Greek dressing.

Asian Chicken or Tofu: Mandarin oranges, slivered almonds, crunchy noodles, red peppers, red onions, mixed baby greens, grated carrots, Napa cabbage, bok choy. Asian sesame ginger dressing.

Chef Salad: Your choice of turkey or ham, cheddar cheese, hard boiled eggs, red peppers, red onions, tomatoes, cucumbers, mixed baby greens and romaine. Your choice of dressing.

Caesar Salad: Parmesan, homemade croutons, chicken and tomatoes on fresh romaine with a creamy Caesar dressing.

Mexican Chicken Salad: Zesty grilled chicken over mixed greens with roasted corn and jalapeño relish, cheese and salsa.

Strawberry Bleu Cheese: Strawberries and bleu cheese over spinach. Strawberry vinaigrette

Caprese: Marinated mini mozzarella balls and tomatoes over spinach. Balsamic vinaigrette.

Antipasto: Marinated artichokes, roasted red peppers, olives, roasted garlic, provolone and assorted Italian meats and romaine. Italian dressing.

Grilled Chicken Salad: Salad mix, field greens, tomatoes, cucumbers, grilled chicken strips with citrus vinaigrette.

Grilled Salmon Salad: Grilled seasoned salmon, mixed field greens, red peppers, cucumbers, sugar snap peas, tomatoes and red onions. Citrus dressing.

Cobb Salad: Romaine lettuce, hard-boiled egg slices, bacon, Black Forest ham, oven roasted turkey and bleu cheese. Bleu cheese dressing.

Mediterranean Salad: Romaine, diced tomatoes, artichoke hearts, cucumbers, parsley, herbed feta cheese, garbanzo beans and red onions. Vinaigrette dressing (Can add grilled chicken or grilled jumbo shrimp)

New Mexico Salad: Baby greens, jicama, tomatoes, red pepper, black beans, roasted corn and cilantro lime vinaigrette. (Can add grilled chicken)

Spinach Salad: Fresh baby spinach, mushrooms, red onion, mandarin oranges and toasted pecans. Poppy seed dressing.

New Mexico Salad: Baby greens, jicama, tomatoes, red pepper, black beans and roasted corn with cilantro lime vinaigrette. (Can add grilled chicken)